

Lea Loretta Zentgraf

Sociologist. Latin Americanist. Translator.

Research interests: social movement studies, environmental studies, food studies, digital food activism, digital media studies, postcolonialism, critical whiteness, feminist theories, intersectionality, ecofeminism, care democracies, and economies.

Personal Information

Email	lea.zentgraf@uni-heidelberg.de
Nationality	German
Date and place of birth	23 October 1994, Tübingen (Germany)
Homepages	HCIAS Food for Justice
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Education

PhD | Sociology | Freie Universität Berlin | 2021-2025

- Project: „*Gender. Power. Food: women's claims and repertoires in Food Movements in Germany*“. Intersectional Analysis of gender inequalities in the food system. Special focus on social mobilization and the differences between claims and repertoires in urban and rural spaces.
- Case Studies: *Ernährungsrat Berlin* (Berlin Food Policy Council), *Deutscher LandFrauenverband* (German Rural Women's Association), *ELAN* (Network Emancipatory Agriculture)
- Supervisor: Prof. Renata Motta

Master | Interdisciplinary Latin American Studies | Freie Universität Berlin | 2018-2021

- Institute for Latin American Studies (LAI), Profile Political and Social Sciences (B)
- Thesis: "*Women disputing the Brazilian public sphere: #Elenão vs. #Elesim. A critical feminist discourse analysis of the polarization during the 2018 presidential campaign*"
- Grade: 1,2

Adademic Year Abroad | Letras & Ciências Humanas | Universidade de São Paulo | 2015-2016

- Faculdade de Filosofia, Letras e Ciências Humanas der Universidade de São Paulo (FFLCH)
- Grade: 8,8 (±1,7)

Bachelor | Translation Studies | Ruprecht-Karls Universität Heidelberg | 2014-2017

- Institute for Translation and Interpreting (IÜD), Languages: Portuguese and French
- Thesis: "*‘Plastische Mammachirurgie’. Eine Terminologiarbeit zum Sprachenpaar Deutsch-Portugiesisch unter Betrachtung der soziokulturellen Hintergründe der brasilianischen Schönheitschirurgie*"
- Grade: 1,4

Abitur | Kepler-Gymnasium Tübingen | 2004-2012

- Bilingual French-Track (6 years), Languages: English and French
- Grade: 1,6

Academic Experience

Doctoral Researcher BMBF Food for Justice | Heidelberg University | 2023-2025

Activities: mapping food movements and initiatives in Germany, analysis of research data (protest and public opinion survey, newspaper, document, social media content, actor-network-analysis), support in project management and public relations, internal and external communication.

Doctoral Researcher BMBF Junior research group Food for Justice| FU Berlin | 2021-2023

Activities: analysis of research data (protest and public opinion survey, newspaper, document, social media content, actor-network-analysis), literature review sociology of food and gender, support in project management and public relations, internal and external communication.

Research Assistant BMBF Junior research group Food for Justice| FU Berlin | 2019-2021

Activities: research assistance, analysis of research data (protest and public opinion survey, newspaper), support in project management and public relations, internet presence and maintenance of the project's website, layout and design, translation, text editing (German, English, Portuguese), organization of workshops and guest lectures, creation and administration of a literature database (EndNote).

Student Researcher Monitoring Human Rights and Democracy in Brazil | FU Berlin | 2019

Activities (team of two): collecting relevant newspaper articles, qualitative content analyses, and creating a report on monitoring democracy and human rights in specific social spheres (public sphere/media).

Other Work Experience

Assistant Dep. Literatures and Cultures of Latin America | FU Berlin | 2018-2021

Activities: internet presence and maintenance of the website, layout and design of posters and flyers, internal and external communication, text editing, organization of workshops and guest lectures, assistance in the supervision of invited scientists, and assistance in seminars.

Internship in Journalism | Schwäbisches Tagblatt Tübingen | 2018

Activities: independent research and writing of news, reports, and features, day-to-day work of the editorial office, participation in editorial meetings.

Trainee in PR and Communication | German-Brazilian Chamber of Industry and Commerce São Paulo (AHK São Paulo) | 2017-2018

Activities: independent writing articles and publications, translation projects, proofreading and editing, event organization, customer service and contact, maintenance of social media pages and official website, layout and design of articles and flyers, and video subtitling.

Editorial Experience

Since 2019	Editorial Assistant, Food for Justice Working Paper Serie
2017-2018	Editor, Revista Brasil Alemanha (AHK São Paulo)
2017-2019	Editorial Assistant, Wochenbericht Brasilien
2018	Editorial Assistant, Willkommen in Brasilien

Languages

German	Native speaker
Portuguese	Fluent (C1/C2)
English	Fluent (C1)
French	Advanced (B2)
Spanish	Advanced (B2)

Presentations, Talks, Events

2024

- Zentgraf, Lea (2024): How to practice just food democracy? Insights from the Berlin Food Policy Council. International Workshop Food for Justice, Heidelberg, July 22-24.
- Zentgraf, Lea (2024): Moderation Panel 3: Feminist, Intersectional and Decolonial Perspectives in Food Studies. International Workshop Food for Justice, Heidelberg, July 22-24.
- Zentgraf, Lea, Müller Judith (2024): Alternative Food Networks als Räume der gerechten sozial-ökologischen Transformation? In: Session 2 „Alternative Food Networks : Solawis, Lebensmittelrettung Und Mehr“, Jahrestagung Ak Agri-Food Geographies Meets Ak Geographische Handelsforschung, Würzburg. April 25-27.

2023

- Zentgraf, Lea (2023): [Essen ist politisch! Food Movements und ihre Forderungen für ein nachhaltigeres und sozial-gerechteres Ernährungssystem](#). In: Fachsitzung „[Food Geographies: Perspektiven auf Ernährung in der nachhaltigen Stadt \(1/2\): Fokus Ernährungsgerechtigkeit](#)“, Deutscher Kongress für Geographie, Frankfurt. September 20-22.
- Motta, Renata; Zentgraf, Lea (2023): [We are fed up! Peasants and urban allies struggling for agrarian and food change](#). In: Fachsitzung „[Transformation processes from a rural justice perspective](#)“, Deutscher Kongress für Geographie, Frankfurt. September 20-22.
- Zentgraf, Lea (2023): „Todxs na mesa? Democracia alimentar entre participação e exclusão no conselho alimentar de Berlim“. [Workshop Internacional Alimento para Justiça in Rio de Janeiro](#). August, 24.
- Zentgraf, Lea (2023): Moderation Mesa 5 “Saberes, conhecimentos e tecnologias sociais: ontologias diversas em direção às transformações socioecológicas e alimentares”. [Workshop Internacional Alimento para Justiça in Rio de Janeiro](#). August, 24.
- Zentgraf, Lea, Motta, Renata (2023): “Movimentos alimentares na Alemanha: um mapeamento”. [Workshop Internacional Alimento para Justiça in Rio de Janeiro](#). August, 22.
- Zentgraf, Lea (2023): [Chair RC40 Panel Food and Social Change II. XX ISA World Congress in Melbourne](#). June, 28.
- Zentgraf, Lea (2023): “Food Movements in Germany: A Mapping”. [RC47 Panel Food for Justice. XX ISA World Congress in Melbourne](#). June, 26.
- Zentgraf, Lea (2023): “Gender. Power. Food. – women’s claims and actions in Food Movements in Germany”. PhD-Workshop ISA RC 48. Melbourne, Australia. June, 24.
- Zentgraf, Lea (2023): Moderation Panel 13 “Resistance”. [Nature-Society Relations and the Global Environmental Crisis – Thinking on Climate Change and Sustainability from the Fields of Intersectional Theory and Transdisciplinary Gender Studies. International Conference of the Center for Transdisciplinary Gender Studies \(ZtG\) at the Humboldt Universität zu Berlin](#). May 4-6.

2022

- Zentgraf, Lea (2022): Debater Food for Justice Talks Session 2 (winter term 2022/23). [“Marry a farmer or win the lottery’: The \(im\)possibilities of accessing a farm as a woman - qualitative results from the first nationwide study of women on farms in Germany”](#). Presentation by Luisa Pieper (Georg-August-University, Göttingen), moderation Mariana Calcagni (FFJ, FU Berlin). November 30.
- Zentgraf, Lea (2022): Moderation [Keynote Ashish Kothari](#). 19. Conference of the Junior Research Group Environmental Sociology (NGU); TRANSFORMATION by whom? // for whom? // with whom? *** Agencies_Epistemes_Institutions_Political Economy&[_]. Carl von Ossietzky Universität Oldenburg. November 26.
- Zentgraf, Lea (2022): Chair of Session 3 [“Agri-food systems in transformation – Part II: From Actors, Practices & Institutions...to structural change?”](#) with Presentations by Julia Tschersich, Stefanie Sievers-Glotzbach and Elke Verhaegen. 19. Conference of the Junior Research Group Environmental Sociology (NGU); TRANSFORMATION by whom? // for whom? // with whom? *** Agencies_Epistemes_Institutions_Political Economy&[_]. Carl von Ossietzky Universität Oldenburg. November 25.

- Zentgraf, Lea, Kalix, Thalita (2022): „Food Movements, solidarity and new digital repertoires in (post-)pandemic times“. ISA RC40 Mini-Conference Leipzig; The Food System in the (Post-)Pandemic World: Disruptions, Vulnerability, Resilience, and Alternative. October 20.
- Zentgraf, Lea (2022): "[Essen als Vermittler für politisch-ökologische Koalitionen](#)". Ad-Hoc-Group "[Polarizing Social Debates as Impulses for Sociology of Land and Agriculture](#)". 41st Congress of the German Sociological Association 'Polarized Worlds' at Bielefeld University. September 30.
- Zentgraf, Lea (2022): "Rural struggles, socio-ecological transformation and unheard voices - the role of women in German food movements". Sommer Akademie "Rural Futures" ZEIT-Stiftung Ebelin and Gerd Bucerius. September 20.
- Zentgraf, Lea (2022): "Food. Power. Gender. – women*'s demands and repertoires in German Food Movements". Colloquium Sociology Institute for Latin American Studies, Freie Universität Berlin. June 24.
- Zentgraf, Lea (2022): Debater Food for Justice Talks Session 3. "[Feminist perspectives on practices of care in agriculture](#)." Presentation by Suse Brettin (HU Berlin), moderation Mariana Calcagni (FFJ, LAI, FU Berlin). June 22.
- Zentgraf, Lea (2022): "[Gender. Power. Food. - Feministische Perspektiven auf \(digitalen\) Food-Aktivismus](#)". Sustainability Talks, *Sustain it!* Hochschultage FU Berlin. June 7.
- Zentgraf, Lea (2022): "[Food and Justice. Zu Community basierter Kunst, Teil #2](#)" with Marisa Benjamim, Marta Stanisława Sala, Mariana Calcagni, Nika Grigorian und Agnieszka Kilian, part of the "institutions extended" program (2019-2022). OKK - Organ kritischer Kunst - organ of critical arts. May 13.
- Zentgraf, Lea (2022): Moderation of Food for Justice Talks Session 1. "[Increase in food insecurity due to the covid19 pandemic: Analysis of territorial inequalities from an intersectional approach in Chile](#)" Presentation by Joaquín Zaldivar (University of Los Lagos, Chile), comment by Eryka Galindo (FFJ, LAI, FU Berlin). May 11.

2021

- Zentgraf, Lea (2021): "[Women Disrupting the Brazilian Public Sphere: #elenão vs. #elesim](#)". Digital Americas Conference, Austrian Association for American Studies. October 21-29
- Zentgraf, Lea, Sávio, Karina (2021): "[The Brazilian Backlash: Social Movements, Digital and Mass Media, and the Public Sphere](#)". Digital Americas Conference, Austrian Association for American Studies. October 21-29.
- Zentgraf, Lea, Sávio, Karina (2021): "[Media and Public Sphere in Dispute: Monitoring human rights and democracy in Brazil](#)". Panel 1 in the Poster Session Junior Researchers. ADLAF-Conference, Munich. July 2.

Summer Schools

- Summer Academy "Rural Futures", ZEIT-Stiftung Ebelin and Gerd Bucerius, Akademiezentrum Sankelmark. September 19 – 23, 2022.
- Global Research Academy 1st part FU Berlin, King's College London: "Sustainable Cities". July 16-24 in 2022. 2nd part Universidade de São Paulo: "Sustainable Cities". February 27 – March 02, 2023.
- Summer School „Future of Food – Zukunftsfähige Ernährungssysteme“, Schloss Akademie Kirchberg. August 28 - September 4 in 2021.

Grants

- „Seed Money“ for Workshop gender awareness and visibility in communication towards food justice. Together with Marco Antonio Teixeira and Marlene Gomez. Margherita-von-Brentano-Zentrum, Freie Universität Berlin. December 8/9 in 2022.
- Travel Grant Global Research Academy "Sustainable Cities". Organized and financed by Freie Universität Berlin, King's College London Universidade de São Paulo. 2022-2023.

Professional Affiliations

- ISA [RC 47 Social Classes and Social Movements](#) (Member since 2023)
- ISA [RC 48 Social Movements, Collective Action and Social Change](#) (Member since 2023)
- ISA [RC 40 Sociology of Agriculture and Food](#) (Member since 2022)
- [Deutsche Gesellschaft für Soziologie](#) (Member since 2022)
- Nachwuchsgruppe Umweltsoziologie ([Organization of Conference 2022 in Oldenburg](#))

Publications

Peer-review Articles

- De Castro, Ana Maria; Zentgraf, Lea Loretta; Luquine Jr., César; Metaferia, Ribka; Conde, Daniel (2024): "SUSTAINABLE INTERVENTIONS TO MANAGE RETAIL FOOD WASTE: A SCOPING REVIEW". In: Detrius – Multidisciplinary Journal for Circular Economy and Sustainable Management of Residues, Italy. <https://doi.org/10.31025/2611-4135/2024.19400>
- Zentgraf, Lea Loretta; Kalix Garcia, Thalita. (2023) "Food Movements, Resistance, and new digital repertoires in (post-)pandemic times", *The International Journal of Sociology of Agriculture and Food*. Paris, France, 29(2), pp. 133–156. <https://doi.org/10.48416/ijsaf.v29i2.523>.
- Zentgraf, Lea Loretta (2022): "#EleNão #NotHim – a feminist strike". In: *FKW Zeitschrift für Geschlechterforschung und visuelle Kultur*, special issue: „how :// do we speak #feminism? // new global challenges“, Berlin.

Book Chapters

- Zentgraf, Lea Loretta (under review): „Essen. Macht. Frauen. – Die Rolle von Gender und Care in Food Movements in Deutschland“. In: Rückert-John, J.; Wember, C.: *Geschlecht und Ernährung: Perspektiven sozialen Wandels*, Reihe des Gender- und Frauenforschungszentrum der Hessischen Hochschulen, Verlag Barbara Budrich.
- De Castro, Ana Maria; Conde, Daniel; Luquine Jr., César; Metaferia, Ribka; Zentgraf, Lea Loretta (2024): "Sustainable interventions to manage retail food waste in São Paulo and London". In: Cowley, Robert and Costa, Sérgio and Kon, Fabio; *Rethinking Sustainability in Urban Areas: São Paulo, London, Berlin*. <http://dx.doi.org/10.2139/ssrn.4780408>
- Estrada Suárez, Marcela; Zentgraf, Lea Loretta; Juárez, Yulissa (2024): "[The Vicious Spiral of Violence and Resistance: Backlash and Hate Speech Against Feminism in Brazil and Mexico](#)". *Género y violencias en América Latina*, 201.

Working Papers

- Zentgraf, Lea Loretta; Motta, Renata (2024): Working Paper 11 "[Food movements in Germany: Analysis of actors in the socio-ecological transformation of the food system](#)". *Food for Justice Working Paper Series* (Nr. 11). Heidelberg: Food for Justice: Power, Politics, and Food Inequalities in a Bioeconomy. <https://doi.org/10.60504/ffjwp.2024.11.105093>
- Motta, Renata; Peuker, Birgit; Zentgraf, Lea Loretta; Müller, Judith (2024). Working Paper 10: "[Kurzauswertung Befragung „Wir haben es satt!“ 2024](#)". *Food for Justice Working Paper Series* (Nr. 10). Heidelberg: Food for Justice: Power, Politics, and Food Inequalities in a Bioeconomy. <https://doi.org/10.60504/ffjwp.2024.10.104566>
- Teixeira, Marco Antonio; Motta, Renata; Rennó, Lúcio; Galiza Pereira de Souza, Marcelo; Zentgraf, Lea Loretta (2021): Working Paper 2 "[Marcha das Margaridas 2019: alimentação, mobilização social e gênero](#)". *Food for Justice Working Paper Series* (Nr. 2). Berlin: Food for Justice: Power, Politics, and Food Inequalities in a Bioeconomy.

Publications in Magazines and Websites + Interviews

- Zentgraf, Lea Loretta (2024): "[Gender. Power. Food. – Warum die Ernährungskrise eine Gender-Care-Krise ist](#)". In: *Wir Frauen*, Ausgabe 02/2024, Heidelberg.
- Zentgraf, Lea Loretta (2023): "[We are fed up! Towards Social and Ecological Justice in Food Systems](#)". In: *Magazine Rural Futures* by ZEIT-Stiftung Ebelin and Gerd Bucerius + The Link.

- Zentgraf, Lea Loretta; Gombert, Alina (2023): „Das Emanzipatorische Landwirtschafts-Netzwerk 'ELAN': Ein Bericht zur Entstehung, aktuellen Projekten und dem Frühjahrstreffen 2023“. In: Feministisches Geo-RundMail. Informationen rund um feministische Geographie. Nr. 93 | Juni
- Hansen, Lina; Neubauer, Marvin; Reuter, Leonie; Schröder, Ronja; Zentgraf, Lea Loretta (2023): "Reflektionen zur NGU-Nachwuchstagung TRANSFORMATION für wen?//durch wen?//mit wem? *** Episteme_Agencies_Institutionen_politische_Ökonomie & []". In: Blog Soziologie und Nachhaltigkeit (SuN). Uni Münster. <https://doi.org/10.17879/sun-2023-5105>
- Zentgraf, Lea Loretta (2023): "[Gender. Power. Food. – Warum die Ernährungskrise eine Gender-Care-Krise ist](#)". In: Politik und Ökonomie. Beiträge zur politischen Ökonomie.
- Zentgraf, Lea Loretta; Masson, Federico (2022): "[First 100 Days of Government: Agrarian politics and the impact of the war in Ukraine](#)". In: Featured Stories//Campus.leben, FU Berlin.